

New Frontier: Current and Emerging Substance Use Trends in 2019

Tuesday, July 9, 2019: 8:30 am-4:30 pm

Grant Wood AEA: 4401 6th Street SW, Cedar Rapids, IA 52404

- Participants will learn about the latest substance use trends, as well as emerging issues of concern
- Participants will recognize signs and symptoms of impairment related to substances covered
- Participants will gain an understanding of prevention efforts and how they can make an impact in their communities

8:30-9:00	Registration
9:00-9:10	Welcome and Introductions
9:10-9:50	Drugs of Initiation
9:50-10:30	Stimulants
10:30-10:45	Break
10:45-11:30	Medicinally Used Drugs
11:30-12:30	Lunch Break (On Your Own)
12:30-1:15	OTC Drugs
1:15-2:00	Problem Gambling
2:00-2:15	Break
2:15-3:15	Breakout 1—Opioid Trends and Naloxone Training Breakout 2—Polypharma with drugs of abuse
3:15-4:15	Treatment and Prevention Trends
4:15-4:30	Q&A and Evaluations

CEU CREDIT

6.0 CEUs have been approved for this training by the Iowa Board of Certification.

COST

\$60, which will cover the participant materials and CEUs.

ASAC Staff will receive 50% off registration fees.

Maximum of 70 participants.

Please [Register Here](#) on or before **Monday, July 1, 2019**.

About the Trainers:

Angela Harbour is a Prevention Specialist with the Area Substance Abuse Council (ASAC), specializing in problem gambling prevention. After graduation from high school, she served a term in the U.S. Army in the 10th Mountain Division as an 88M10 (truck driver). Upon completion of her term in the service, she received her Bachelor of Science degree in Child, Adult and Family Services from Iowa State University and her Master's degree in Public Administration and Public Policy from Drake University. She has worked in the field of prevention and research for 9 years.

Jeff Meyers is a Certified Prevention Specialist with the Area Substance Abuse Council (ASAC), where he has been working in substance abuse prevention for more than five-and-a-half years. This work has led him to collaborate with communities, organizations, and businesses throughout the Linn, Benton, and Jones County area. His areas of concentration include offering evidence-based education meant to promote resiliency skills in at-risk youth, assisting businesses with drug-free workplace trainings, and spearheading environmental strategies ranging from ordinance adoption at the local level to voluntary policy adoption by businesses. Jeff has also presented to diverse audiences on emerging drug trends impacting the area and advocated for the proactive steps that can be taken by all of us to address drug abuse and promote safe and healthy communities.