

VOLUNTEER POSITION DESCRIPTION

- Title:
 - Heart of Iowa Childcare Associate
- Tasks:
 - Work with Shar and Deb to become trained in working and facilitating games with children
 - Assist mother's with after school care
 - Assess needs for children with Director of Heart of Iowa
 - Attend Lunch and/or After School Hours to facilitate programs
 - Attend trainings regarding ACE's
- Purpose:
 - This will give us and you a better understanding of knowledge to work with the children
 - The mother's will be able to take time to themselves to focus on their recovery
 - Work with director to make sure the needs of the children and mothers are provided
 - This will give the teachers and staff extra hands to be able to implement their programs
 - This will give us and you an understanding of what these children have gone through and how to best understand their situation
- Results:
 - This position will increase the amount of care for the children, as well as being sure of the mothers getting the help they need to be better. It will help save lives, and bring awareness, even bringing comfort to the families of those with a Substance Use Disorder, knowing that the mothers and children are being cared for in a loving way. Also, giving ASAC a chance to support patients, and allow individuals to get the treatment that is needed by reducing stigma and worry about their children.
- Suggested activities:
 - Lead games with children
 - Assist children with Arts and crafts
 - Assist children with playing sports games
 - Be a Team Leader and show children how to work together
 - Assist children with homework

- Measures:
 - We will measure the success of this position by measuring how well the children and mothers respond to the given activities, the mothers increased time in treatment, the number of children wanting to be involved/included.
- Qualifications:
 - A high school diploma or equivalent
 - CPR; preferred
 - At least 18 years of age
 - Patient Support
 - Communication Skills
 - Basic Knowledge of ACE's
 - Fingerprint and background check performed by Department of Human Services
- Time frame:
 - A commitment of three months is required
 - 4-6 hours per week
 - Times: Monday through Friday; 12-1pm
 - M, T, W; 5:30-7:30 PM
 - Sundays; 1-5 PM
- Site:
 - Heart of Iowa, 4050 Bowling Street SW, Cedar Rapids, IA 52404
- Supervision:
 - This position is supervised by the Director of Heart of Iowa. The volunteer will also work closely with staff, including teachers and leaders, to focus on the children and maintain a bright environment.
- Benefits/Support Provided:
 - Volunteer hours toward state programs, such as school
 - Attend professional trainings where certification is provided
 - Learn how to support and benefit children with ACE's
 - A letter of support from the director
 - Facilitating groups and implementing pieces of education to children
 - Learn about treatment in the community