

Substance Use Disorders & Mental Health Information & Strategies

March 12, 2019: 9:00-12:15

Human Services Campus, 2nd Floor Conference Room, 317 7th Ave SE, Cedar Rapids IA, 52401

Learning Objectives:

- Describe mental health disorders which commonly co-occur with substance use disorders.
- Define developmental trauma and its relationship to Adverse Childhood Experiences (ACEs) and Post-Traumatic Stress Disorder (PTSD).
- Describe strategies for working with clients with co-occurring disorders.

AGENDA

8:30-9:00	Registration
9:00-9:15	Introductions and Overview
9:15-10:00	Co-Occurring Disorders- Trends & Treatment
10:00-10:30	Developmental Trauma, ACEs, & PTSD
10:30-10:45	Break
10:45-11:30	Interrelationship of Mental Health Disorders, Substance Use Disorders & Trauma
11:30-12:00	Strategies & Skills for Practitioners
12:00-12:15	Questions & Wrap-Up

CEU CREDIT

3.0 CEUs are pending from the Iowa Board of Certification

\$30 (ASAC Staff will receive 50% off registration fees)

Please [Register Here](#) on or before March 1, 2019
Maximum of 50 participants

ABOUT THE TRAINER

Emily Logan, LISW, CADC is an Assistant Professor at Kirkwood Community College, where she teaches Human Services. Emily provides clinical supervision and continuing education for helping professionals. Her professional experience includes private practice counseling, substance abuse counseling, and adoption social work.

