

About ASAC



ASAC is one of the oldest, largest, and most comprehensive substance abuse treatment agencies in the state of Iowa.

Our services follow the continuum of care beginning with prevention and intervention and moving through the various levels of treatment. We primarily serve Linn, Benton, Clinton, Jackson, and Jones counties, but clients are welcome from throughout Iowa.

We are licensed by the Iowa Division of Health Promotion, Prevention and Addictive Behaviors to provide prevention and treatment services to combat the abuse of alcohol, tobacco, and other drugs.

The Area Substance Abuse Council is a private, nonprofit organization governed by a volunteer board of directors.

ASAC provides accessible, comprehensive substance abuse treatment and prevention services designed to enhance the quality of life for individuals, families and communities in East Central Iowa.

Locations

Main Campus (319) 390-4611
3601 16th Avenue SW, Cedar Rapids, IA 52404

Downtown Office (319) 247-4873
317 7th Avenue SE, Ste. 203, Cedar Rapids, IA 52401

East Office (319) 447-1921
4837 1st Avenue, Suite 206, Cedar Rapids, IA 52403

Heart of Iowa (319) 862-1050
4050 Bowling Street SW, Cedar Rapids, IA 52404

Prevention Services (319) 390-1884
3536 18th Avenue SW, Cedar Rapids, IA 52404

The Way Home (319) 363-3985
5488 Kirkwood Blvd. SW, Cedar Rapids, IA 52404

New Directions (563) 243-2124
217 6th Avenue S., Clinton, IA 52732

King House (563) 242-6805
2219 Garfield St., Clinton, IA 52732

Hightower Place (563) 242-2042
2727 S. 19th Street, Clinton, IA 52732

ND Housing (563) 243-2262
2733 S. 19th Street, Bldg. A-1, Clinton, IA 52732

Benton County (319) 472-2443
1003 W. 4th Street, Vinton, IA 52349

Jones County (319) 462-4327
405 E. Main, Anamosa, IA 52205

Jackson County (563) 652-2215
119 S. Main, Ste 2B, Maquoketa, IA 52060

One day a week counseling services are also provided in Belle Plaine (Benton County) and De Witt (Clinton County).

asac

Area Substance Abuse Council



Helping individuals, families, workplaces and communities be healthy and drug free.

ASAC is a
United Way Agency



Prevention Services

Our mission is to proactively change and strengthen attitudes, actions and trends that will ultimately reduce substance abuse by educating and empowering individuals and communities.

Information and Educational Services

ASAC informs youth, adults and community groups about the risks of substance abuse through presentations, implementing research based curriculums, publishing articles and participating in community events.

Environmental Strategies

ASAC helps the community focus on changing aspects of the environment that contribute to the use of alcohol and other drugs. These strategies aim to decrease the social and health consequences of substance abuse by limiting access to substances and changing social norms that are accepting and permissive of substance abuse.

Community Coalitions

ASAC works with a number of coalitions to help area communities address substance use and addiction through spearheading initiatives to change state and local policies, increasing community awareness of substance abuse issues, developing positive activities for youth, and reducing youth access to substances.

Workplace Services

ASAC helps employees and businesses be safe and healthy through educational programs, consultation on workplace policies and referral information on drug-testing.

Intervention Services

If you think that a friend or a loved one might have a drug or alcohol problem call any of our office locations. There is no charge for this service. Any information you share is strictly confidential.

Treatment Services

At the Area Substance Abuse Council we utilize a "whole person" approach to substance abuse treatment. We take into consideration a person's entire life circumstances and encourage the involvement of family and significant others during a client's treatment and recovery.



Evaluation and Assessment

ASAC offers a thorough evaluation of a person's use of substances to determine if treatment is warranted, and if it is, at what level of intensity. We ensure that each client is placed in the most appropriate, cost-effective treatment level.

Outpatient Services

The least intensive level of care is outpatient counseling. It is the treatment of choice for the majority of our clients. It allows the client to stay in his or her home and attend work or school.

ASAC's primary form of treatment is group counseling. Most outpatient groups meet once a week and are formed to meet a variety of needs based on gender, age, culture, drug of choice and other issues associated with a person's substance abuse. Many of our counseling sites also offer intensive outpatient groups that meet 3-4 hours a day three or four times a week. We have both daytime and evening groups. In addition, we also provide individual counseling, family therapy and aftercare treatment.

Residential Treatment

Residential substance abuse treatment is for individuals who require 24-hour care to be substance free. ASAC has three residential programs located in Cedar Rapids:

Adult Residential is for men and women 18 years of age and older. Includes a special program for dual diagnosed clients; those with both a substance abuse addiction and a chronic mental illness.

Youth Residential (CD+) is a substance abuse and conduct disorder treatment program for male and female adolescents. It is a joint program with Four Oaks.

Heart of Iowa is a special treatment program for pregnant women and women with children. The program provides child care and supportive services for the entire family.

Transitional Housing

ASAC provides both short and long-term transitional housing. Clients can stay in short-term, halfway house programs for up to one year. ASAC's two long-term transitional housing programs have a maximum stay of two years.

Short Term Transitional Housing

Programs available in Cedar Rapids and Clinton for adult males, females, pregnant women and women with children: Adult Halfway House, Heart of Iowa Half House, Hightower Place and King House.

Long Term Transitional Housing Long-term housing with supportive services for families in recovery in Cedar Rapids and Clinton: The Way Home and ND Housing.