
Additional Resources

Area Substance Abuse Council

(319)390-4611

www.asac.us

Foundation 2 Crisis Line - 24-Hours

(319)362-2174

1-800-332-4224

Iowa Substance Abuse Information Center

(319)398-5133

1-866-242-4111

www.drugfreeinfo.org

First Call For Help

211

Sedlacek Treatment Center

398-6226

St. Luke's Chemical Dependency

Adolescent: 368-5671

Adult: 363-4429



A community coalition working to promote healthy lifestyle choices for young people by addressing the issue of underage drinking in Linn County.

Sponsored by the Linn County Partnership on Substance Abuse

Five times as many teens die from alcohol overdose than from any other drug, legal or illegal.

Alcohol is associated with the three leading causes of death in teenagers – accidents, homicides and suicides.

About the Coalition

The Underage Drinking Task Force was initiated in May of 2003 by the Area Substance Abuse Council, on behalf of the Linn County Partnership on Substance Abuse.

Three goals direct our activities:

- 1) Educate parents and community members
- 2) Develop and support consistent consequences and services
- 3) Motivate youth to remain alcohol free

We welcome involvement from:

- ❑ Parents
- ❑ Students
- ❑ Law enforcement
- ❑ School personnel
- ❑ Youth-serving professionals
- ❑ Civic organizations
- ❑ Faith communities
- ❑ Concerned community members

For more information or for opportunities to become involved with the Underage Drinking Coalition, visit www.asac.us or call Prevention Services at the Area Substance Abuse Council, (319)390-4611.

Signs and Symptoms of Alcohol Use

- ❑ **Behavior changes** – change in friends, loss of interest in hobbies
- ❑ **School problems** – tardiness, skipping class, behavior concerns
- ❑ **Emotional concerns** – depression, defensiveness, mood swings
- ❑ **Physical changes** – frequent headaches, upset stomach, weight changes, grooming changes

Know The Risks

Effects of Alcohol on Teens

Youth who drink before age 15 are **four times more likely to develop alcohol dependence** than those who begin drinking at age 21. (NIAAA, 1997)

Youth who use alcohol are **more likely to become sexually active** at an earlier age, have sex more often, and engage in unprotected sex, placing them at a great risk for HIV and other sexually transmitted diseases. (OIG, 1997)

Youth who drink alcohol are **7.5 times more likely to use any illicit drug** and **50 times more likely to use cocaine** than young people who never drink alcohol. (CASA, 1994)

Protect Yourself: Know the Laws

Laws for Providing to Minors

It is illegal to sell, give, or supply alcohol to any person you know or suspect to be under 21.

Those that provide alcohol to minors are held legally responsible for those minors' alcohol-related delinquent acts, and any injuries or deaths that result from that minors' acts.

Unless a minor is in the privacy of his own home and the alcohol was provided by his or her legal guardian, it is illegal for that minor to have alcohol in his or her possession.

If a minor leaves the home after consuming alcohol, the legal guardian then becomes legally responsible for any of that minor's actions.

It is illegal to sell, dispense, or give alcohol to an intoxicated person.

Information provided by Linn County Sheriff's Dept. 2004