

# asac action

June 2009

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Visit our web site at  
[www.asac.us](http://www.asac.us)

## Surviving the Flood of 2008

On the morning of June 12, 2008, Heart of Iowa was surrounded by flood waters. Less than three months later the program was back at 4050 Bowling Street. Our ability to rebuild so quickly was due to generosity of numerous individuals, businesses, and faith organizations who assisted with the flood clean-up and provided in-kind and cash donations. Following is a list of financial contributors. ASAC received a total of \$162,911 for flood recovery and rebuilding.



Over \$10,000

The Greater Cedar Rapids Community Foundation \* Rockwell Foundation \* Jumpstart National Council for Community Behavioral Healthcare \* United Way of East Central Iowa  
\$5,000 - \$9,999

Substance Abuse Management \* Alliant Energy \* Community Play Things \* Greater Cedar Rapids Community Foundation Diamond V Mills Donor-Advised Fund  
\$1,000 - \$4,999

Christ Episcopal Church \* EFR \* Community and Family Resources \* Denny and Jacque Holloway \* Noelridge Christian Church \* Home Depot \* Junior League of Cedar Rapids Terpstra Family Trust \* Pat and Judy Baird \* The Church of Jesus Christ of Latter-day Saints Anonymous \* Episcopal Diocese of Iowa \* US Bancorp Foundation  
\$500 - \$999

Paladin (JRB & Attachment Tech) \* Cambridge Temp \* Linda Touro \* Steve Klyn \* Nancy McCray \* Benchmark \* Apache Hose and Belting \* Genecor International \* ADM \* Johnson & Johnson \* Dakota Red \* Noelridge Christian Church \* St. George Orthodox Church  
\$250 - \$499

Robert and Betty Clark \* Meinard Wright \* Ben Khan \* Samm and Gwen Randall \* Guaranty Bank \* Scheels \* Tom King \* Alternative Gift Market \* Gayle and Kevin Hendricks \* Jim and Sherry Sines \* Thursday Noon Optimist

\$100 - \$249

M. L. Liberati \* Patricia Leckne \* Sharon Hege \* Amber and Joel Rand \* Jeff and Sheila Lara Harvey Evers \* David Romont \* Charles and Carole Daniel \* Lynn Dennis \* Ann and Eric Hearn John and Mary Austin \* Kevin Alexander \* Brenda Ford \* Clay and Diane Gavin \* Ron and Vickie Hornish \* Joan Discher \* Steve Johnson \* Jane Tallman \* Kathy Stone \* Dennis Petersen \* Hawkeye Labor Council \* William and Sarah Neff - memorial - Erma Modrace John and Pat Houar \* Jeff Elgin \* Janet Zwick \* Anita Terpstra \* Don and Mary Lou Gallagher Christ Episcopal Church \* Michael Vorhaus \* Michael Hack Laurie and Clay Bergren \* Carolyn Cleveland \* Midland Forge \* St. John Lutheran Church - Ely

Under \$100

George & Norine Pontarelli \* Elizabeth Sullivan \* Jeanne Stein \* Mary Ann Miller \* Rosanne Matuszek \* Katherine & Jeffrey Holec \* Colin Battien \* Kathy and Paul Thurlow \* Fran Kapler Scott Olson \* Sandra Macy \* Sandra Richardson \* Kathleen Riley \* Pamela Jury \* Lynda Darling \* Gloria Scholl \* Christine Sims \* Bernita Brady \* Mike & Barb Klappholz \* Jodi and Joel Weber \* Ed and Ardyce Brunsting \* Mike and Ann Mohnsen \* Tony and Sue Huebsch Denis & Judy Engeldinger \* Kerry Matuszek \* Nancylee Ziese \* Asbury Methodist Church



heart of iowa

*Mother and Child Recovery Center*

**June 2008.....**



**..... 1 Year Later**

## Greater Cedar Rapids Community Foundation Grant Award

We are pleased to announce that the agency was the recipient of a \$2,975 Youth Power Grant from the Greater Cedar Rapids Community Foundation. This award will provide recreational activities for youth in ASAC's residential treatment program.

The overall goal of ASAC's Youth Residential (CD+) treatment program is for the youth to live healthy drug free lives after completing treatment. The clients we serve need 24 hour care to overcome their addiction. They are living away from the family and friends and spending over 60 hours in treatment programming each week. This project enhances an adolescent's treatment experience by providing constructive leisure activities.

This is the third year that this project has received Youth Power funding. The programming exposes the clients to new activities and allows them to participate in community events. Client feedback has shown that the monthly activities provide an incentive for the youth to stay and succeed in treatment.

Following is an excerpt from a letter of support that a client wrote as part of our grant request for Youth Power funding: "I liked the outings we have participated in. I thought they were fun, especially the hockey game. These recreational activities allow me to use my coping skills, and realize I have more ways to cope with things than to drink and do drugs. . . . I think it is important to take what you learn in the treatment setting and use it in the real world; in a real situation. I like putting my coping skills to work." Shannon K.

Special thanks go out to the members of the 2008-2009 Youth Power Board for this financial support.

Kristin Neal, Youth POWER Student Director

Ellen Gardner, Senior, Alburnett High School

Allison Johnson, Junior, Washington High School

Alycia Lee, Senior, Linn Mar High School

Jason Milke, Junior, Xavier High School

Christine Smith, Junior, Washington High School



Ashwath Gunasekar, Junior, Kennedy High School

Emily Kratovil, Junior, Washington High School

Max McGee, Sophomore, Washington High School

Luke Reynolds, Junior, Washington High School

Jeralyn Westercamp, Junior, Kennedy High School

## United Way Day of Caring



On May 12th, ASAC benefitted from volunteers helping with two painting projects during United Way's annual Day of Caring. A team from General Mills painted the kitchen at ASAC's main campus and employees from Ryan Companies (shown in the picture on the left) painted the upstairs hallway, stairwell and two offices at Heart of Iowa. We appreciate United Way sponsoring the Day of Caring, General Mills and Ryan Companies for allowing their employees to participate, and the volunteers for giving their time and talents. Thank You!

## **Linn County Board of Supervisors Approves Social Host Ordinance and Smoke-Free Policy**

Following is a press release issued May 20, 2009 by the Linn County Board of Supervisors regarding their approval of a Social Host ordinance and a smoke-free policy. We thank the Linn County Supervisors for their commitment to the health and safety of families living in and working for Linn County.

### **Social Host Ordinance**

The Social Host ordinance establishes penalties for adults who knowingly permit or allow underage drinking at social gatherings on property they own or control. The ordinance will apply throughout Linn County including municipalities that have not enacted their own ordinance dealing with similar subject matter. The ordinance became effective Friday, May 22.

"I want to thank ASAC and the other agencies that pushed Linn County to adopt this ordinance," said Supervisor Brent Oleson. "This says that Linn County believes in responsible parenting. We are taking a lead in public responsibility and accountability."

The purpose of this ordinance is to prohibit the consumption of alcoholic beverages by persons under the age of twenty-one (21) at gatherings where adults knowingly allow or permit underage persons to drink alcoholic beverages on property they own or control, whether or not the social host is present.

"Adult" means any person age 18 or older. This ordinance does not apply to a social host who is a juvenile; however, if the social host is a juvenile and the parent(s) of the juvenile knows or reasonably should know of the event and knows or reasonably should know that the consumption of alcohol is occurring, the parent(s) shall be liable for violations of this ordinance.

First time offenses carry a civil penalty of \$750. Second and subsequent offenses carry a civil penalty of \$1,000.

"The Linn County Supervisors have demonstrated their commitment to protecting the health and future of our youth by taking this step," says Stephanie Neff, Drug Free Communities Project Director for Linn County. "Passing a Social Host ordinance, an environmental strategy which reduces access to alcohol for youth, has been proven to prevent costly health issues related to alcohol consumption including alcoholism and chronic disease. The Linn County Partnership on Substance Abuse applauds the Supervisors for taking a leadership role in the reduction and prevention of youth substance abuse in our community and encourages all parents to think about how they are protecting their children from the risks of alcohol and other drugs, particularly during graduation time and into the summer."

### **Smoke-Free Policy**

The purpose of the smoke-free policy is to provide a smoke-free environment for the health and safety of all County employees and to assure that Linn County is in compliance with Chapter 142D Iowa Code (2009). Today's approval brings the County's smoke-free policy into accordance with state law.

The smoke-free policy prohibits the use of smoking materials by all County employees and members of the public while upon grounds and/or within buildings or vehicles that are owned, leased, or operated by or under the control of Linn County. Grounds include all outdoor areas contiguous to County buildings including entry ways, sidewalks and parking lots and including parking lots separated by public right of way. Smoking is permitted in private vehicles in County parking lots.

An exception to the policy is property under the management of the Conservation Board while it is leased to private individuals or that is an outdoor area that extends beyond the posted perimeter of the grounds of any lodge or other building as determined by the Conservation Board.

To encourage Linn County employees who wish to quit smoking, Linn County will help pay for the cost of smoking cessation programs for County employees.

*Supervisors Linda Langston and Ben Rogers are members of the Linn County Partnership on Substance Abuse. Supervisor Brent Oleson is on ASAC's Board of Directors*